Psychosocial Support Services in Your Community

New psychosocial support services are now available across Melbourne and surrounding regions, for people with severe mental illness who are not receiving support from the National Disability Insurance Scheme (NDIS). See below for services in your area.

**Eastern & North Eastern Melbourne region**
All or parts of Banyule, Boroondara, Knox, Manningham, Mitchell, Monash, Murrundindи, Nillumbik, Whitehorse, Whittlesea, Yarra Ranges

Delivered by Neami National
1300 168 911
EastMelbournePSS@neaminational.org.au
www.neaminational.org.au

**North Western Melbourne region**
All or parts of Melbourne, Yarra, Moreland, Moonee Valley, Darebin, Hume, Macedon Ranges

Delivered by Neami National
1300 052 588
NorthernMelbournePSS@neaminational.org.au

Delivered by cohealth
(03) 9448 6880
mh@cohealth.org.au
www.cohealth.org.au

**South Eastern Melbourne region**
All or parts of Port Phillip, Glen Eira, Stonnington, Bayside, Casey, Cardinia, Dandenong, Kingston, Frankston-Mornington Peninsula

Delivered by Ermha in partnership with Launch Housing
1800 862 363
(8.30am-4.30pm weekdays)
pss@semphn.org.au
www.ermha.org
www.launchhousing.org.au

‘Psychosocial supports’ can include:
- practical help with daily living
- looking after your mental and physical health
- finding a home
- gaining employment
- connecting with family, friends and the community.

Psychosocial supports are specific to the person and their needs.

**Emergency contacts:**
Always call 000 in an emergency
For mental health and suicide prevention support:
Lifeline 13 11 14
Suicide Call Back Service 1300 659 467
SuicideLine (Victoria) 1300 651 251

To find out which Primary Health Network you are in: http://bit.ly/2nQfmwt